

Puberty Menorrhagia Sakina Patel

PAGE NO. 187
DATE 9/5/09

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I 'MRS. PATEL, mother of Sakina Patel a 12 year girl. Few months ago my daughter had her first menses. She had heavy bleeding, would stain all clothes, crampy, depressed, unwell it got over within ten days, again 12 days later she got her menses, depressed, thought might be someone's cycle is disturbed at the beginning of the cycle next to days later she again got her menses & heavy flow which lead to lack of haemoglobin and depression.

Panic, what a mother can do. I took her to my Gynaecologist, he gave me hormonal balance tablets which she had to continue for three months. The first day Sakina had her tablet she felt like puking, vomiting etc. She cried couldn't sleep, was restless.

I had no solution to this case. Suddenly my elder's daughter's friend had come to meet my daughter and in a casual way told her about Sakina wherein she mentioned about Dr. Sunil Mehra. The same day it was 8.30 at night. I called him took his appointment and met him.

I have no words to say he patiently attended to us, motivated us and asked us to follow his instructions with faith
Next page

and patience. He is like the right person who showed & guided our path towards success. He is like ^{a man who comes} a blessing in disguise to us, he cured my daughter in just four to five months without suffering. He has not only changed her health but gave us the right technique, attitude for healthy living.

I just wish great prayers for him from the bottom of my heart to make my child real & hearty healthy again. He is a doctor who gives personal touch and attention. He is Sincere, determined confident a firm and sympathetic doctor who is needed for one & all.

— Thank you. very much.

Banyate 9/5/09.